# Outdoor Sports Watch
## User Manual

**Thank you for choosing our smart watch. You can read this manual and have a thorough understanding of the use and operation of the equipment.**

**The Company reserves the right to make changes to the contents of this manual without prior notice.**

Package included: box*1, manual*1, smart watch*1,strap*1,charging cable*1.

I. Function description of smart watch

1.1 Button

"A" is the touch Screen: Full touch screen
"B" is the return Key: Long press for power on / off.


1.2 Charging Guide
Magnetic charging is as shown below.



*Be aware that the two contacts of the USB cable are not allowed tocontact the conductor at the same time, or it will cause the circuit to burn.

**1.1 Standby mode Interface:**
1) Swipe right is the push message interface;
2) Slide down is the drop-down menu, Bluetooth connection status, QR code, power, brightness adjustment, slide left to enter the function interface
3) Swipe up to check the Bluetooth connection status;

4) Press and hold the standby dial interface to slide to select the dial. After selected, long press to confirm.

## 1.2 Push messages

Swipe right of the standby interface is the push message interface, bounded the smart watch to the app, set the notification permission to enabled. New messages received in the notification bar of the mobile phone will be pushed to the watch. A total of 8 messages can be saved in the watch. Old messages will be covered by received receiving new messages.

## 1.3 Drop-down menu

The standby interface slides down to is the drop-down menu interface.

1) Icon 1: shows the Bluetooth connection status;
2) Icon 2: press to adjust the screen brightness;
3) Icon 3: scan the QR code to download the APP;
4) Icon 4: battery display;

## 1.4 Step count

Step counting is enabled by default. This interface displays the current step counting of the watch. Data will be cleared at 00:00 am every day.

## 1.5 Sleepmonitor

Sleep monitoring time period: started from 21:00 to 9:00 in the next day, after the smart watch generates data, it exits sleep monitoring. Binds the smart watch with the APP Fundo can synchronizes the sleep data.

### 1.6 Bluetooth music

Android: After connected the watch to the phone setting, turn on the mobile music player, and you can control the music playback / pause and switch songs on the watch; (It is not necessary to bind in the app. If it is bound, please unbind and then set it on the phone for connection.)

Apple: After bound the APP with the watch, turn on the mobile music player, and you can control the music playback / pause and switch songs on the watch.

### 1.7 Sports mode (walking, running, cycling, mountain climbing, football, basketball, table tennis, badminton ...)

1.7.1 Select the corresponding exercise mode, click the screen to enter the countdown 3, 2, 1 then enter the

corresponding exercise mode; swipe right side of the screen to swift to the end up the exercise mode, click "paused" to return to the exercise mode to continue, click "□" ends the exercise and saves the data;

1.7.2 When the distance is more than 200 meters or the exercise time is longer than 5 minutes, the exercise data can be saved; when the exercise is saved less than this condition, it will prompt "The data is too small to save"

1.7.3 After the watch is bound to the app, click sync on the sports history interface of the app to synchronize the sports history data on the watch, and view the track and detailed data on the app.

**1.8 Heart rate**

Wear the watch on the wrist correctly, enter the heart rate menu to  measure continuously. After the watch bound with the app, the heart rate data is synchronized to the app in real time.

**1.9 Blood pressure**

Wear the watch on the wrist correctly, enter the blood pressure menu for single measure. After the watch bound with to the app, the blood pressure data is synchronized to the app in real time.

**1.10 Blood oxygen**

Wear the watch on the wrist correctly, enter the blood oxygen menu for single measure. After the watch bound with to the app, the blood oxygen data is synchronized to the app in real time.

**1.11 Alarm Clock**

After the watch is bound with the app, the alarm clock setting is set in the app and to synchronized to the watch.

**1.12 Stopwatch**

Press stopwatch to enter the timing interface, press the start icon to start timing, and press the icon again to pause, swipe right of the screen to exit. After that, if to enter the stopwatch again, the timing was cleared and the timing was restarted.

**1.13 Find phone**

After the watch is bound with the app, click on the watch to find the phone, a prompt box will pop up on the phone.

**1.14 Settings**

**1.14.1 Sedentary reminder**

The default setting is turned off. After connecting to the app, the function can be controlled; the watch itself also can be manually turned on or off, but the app is not affected.

**1.14.2Raise up hand to light up the screen**

The default setting is turned off. After connecting to the app, the function can be controlled; the watch itself also can be manually turned on or off, but the app is not affected.

**1.14.3 About**

To view the Bluetooth name, Bluetooth address and version number of the watch。

**1.14.4 Restore factory settings**

Press 'RESET' to restore the watch to the factory state.

**1.14.5 Shutdown**

Press 'Shutdown', the watch shuts down.

**II. Bind app**

1. APP download method

1.1 Scan QR code to download



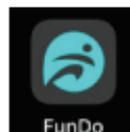1.2 Search in application online store todownload

Android:

search 'Fundo' in Myapp,Wandoujia, Google play or other application online store to download.
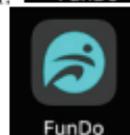iOS:
Search 'Fundo' in the app store to download.

Android: the application icon of 'Fundo' after installation is as shown:

iPhone: the application icon of 'Fundo' after installation is as shown:

**2 Bindwith Bluetooth**

2.1 Unconnected:
Bluetooth is always being searched after the watch is turned on,    open the APK / APP, enter 'More'-'Connect device', click 'Search', select the corresponding watch device name, and you can bind the watch to the app successfully.

2.2 Bind to the app:
Watch time synchronization: The watch is successfully bound with the app. Click to synchronize the time and time system between the watch and the mobile phone.
2.3 Find devices

The watch is successfully bound with the app. Click on the mobile app to find the watch, the watch screen will be brighten and vibrates three times.

## 2.4 Data synchronization

The watch is successfully bound with the app, and the watch's health data can be synchronized to the app; open the heart rate, sleep, and exercise interfaces, and you can successfully click to select date. Click the icon on the top of right side, you can share the data to WeChat moment, Facebook, Twitter, etc .;

## 2.5 Message push

The watch is successfully bound with the app, the corresponding notification permission is turned on in the mobile phone system, enter the more-notification application in the app, and open the corresponding third-party application.

### 2.5.1. Call reminder:

Call notification is turned on in the personal application. When the mobile phone receives one or more incoming calls, the watch will receive one or more incoming call notifications at the same time.

### 2.5.2. SMS notification:

SMS notification is turned on in the personal application. When the mobile phone receives one or more SMS, the watch will receive one or more SMS notifications at the same time.

### 2.5.3. Other application message notifications:

The corresponding application message notification is turned on in personal applications, such as WeChat, QQ, Facebook, Twitter and other applications. The mobile phone receives one or more application message notifications, the watch will receive one or more corresponding message notifications at the same time.

## 2.6 WeChat sports

The smart watch sports data can be synchronized to WeChat sports leaderboards. Followed the public account "FunDo Health" of Wechat and chooses a binding device to fill in the device 's MAC address for binding. After successful binding, return to the public account to synchronize the sports data (MAC address: check from the watch's 'About').

Binding method

Android system: Bind with the APP first and then bind with WeChat.

iOS system: No need to bind the APP. If it is bound, first unbind and ignore the device in the phone settings,

and then bind with WeChat;

2.7 Do Not Disturb mode

When Do Not Disturb is on, only the watch and alarm will be vibrated

2.8 Drinking reminder

Set the time period and frequency (minutes) from the start to the end, click to enter the repeat setting, select the drinking reminder date (week), check the drinking reminder and save. When the drinking reminder time comes, there is a vibration and a drinking icon on the watch.

2.9 Sedentary reminder

Set the time period and frequency (minutes) from the start to the end, click to enter the repeat setting, select the sedentary reminder date (week), check the sedentary reminder and save. When the sedentary reminder time comes, there is a vibration and a sedentary icon on the watch.

2.10 Alarm clock reminder

Click the alarm reminder setting to add the alarm time. When the alarm time comes, the watch will prompt alarm icon and time, and keep vibrating 20 times;

2.11 Reminder mode

　a. Bright screen: except for alarms clock, sedentary and drinking reminders, the watch only displays bright screen as reminder;

　　b. Vibration: except for alarms clock, sedentary and drinking water reminders, the watch only vibrates to remind;

　　c. Bright screen + vibration: Any reminders, the watch will display bright screen + vibration reminder;

2.12 Heart rate detection

Set the start-end time period and sedentary time interval (minutes), check the heart rate test and save.

2.13 Firmware upgrade

It detects whether the watch firmware version is the latest version automatically. When there is a new version, it prompts to update and upgrade to the latest version.

2.14 Unbind

The watch is bound to the app. On the 'More' interface, click the name of the connected device or swipe left to unbind. iOS system needs to ignore the paired device in the phone settings.

●FAQ

* Please avoid prolonged exposure to extreme temperature of the device, which may cause permanent damage.

**Why can't I wear the watch to take a hot shower?**
The temperature of the bath water is relatively changed, and a lot of water vapor is generated. The water vapor is in the gas phase, and its molecular radius is small. The internal circuit of the watch is short-circuited, which damages the circuit board of the watch and further damages the watch.

**Can't turn on / Can't charge**
If you receive the goods, the watch does not turn on, it may be due to a collision during the transport of the watch and the battery Seiko board is protected. Plug in the charging cable for activation.
If the battery is too low, or if the watch has not been used for a long time, it will not turn on, please plug in the charging cable and charge it for more than half hour to activate it.

# Warranty

1. During normal use of this product, if there are product quality problems caused by manufacturing, materials, design, etc.,
Since the date of purchase, the motherboard has a free warranty for one year, and the battery and charger are guaranteed for half year.
2. Failure caused by the user's personal reasons does not provide free warranty, as follows:
1). Failure caused by unauthorized disassembly, watch modification, etc.
2). Failure caused by accidental drop during use.
3). All man-made damage or due to the fault or misuse of a third party (such as: main board flooding, external force cracks, scratches on peripheral components damage etc.,), are not covered by the warranty.
3． When requesting a free warranty, you must provide a warranty card with the date of purchase and the stamp of the place of purchase.
4． When the user repairs the product, please take the product to our company or our distribution point.
5． The function of the goods are based on the sale of goods in kind prevail.
Date of purchase:
IMEI code:
Buy store:
Customer signature:
Clerk Signature:
Shop stamp: